

How SMSC and Fundamental British Values are integrated in the PE curriculum

Spiritual Education

Spiritual education involves pupils developing a variety of skills, e.g. performing a sequence in gymnastics, which allows the students to express their feelings and emotions as well as learning what they can do with their bodies. This happens at Parklands through a well-balanced PE curriculum where pupils are able to explore many activities in Games, Gymnastics and Dance. Pupils also have the opportunity to try out many different roles within PE such as leader or coach and evaluator.

Moral Education

Moral education in PE concerns pupils having the opportunity to understand how PE can influence their healthy living and lifestyle. PE teaches children about the advantages of a healthy lifestyle through exercise, health related fitness and healthy eating. Pupils are also able to understand the rules of activities and the reasons why they need to abide by them and understand what fair play is.

Social Education

Social education involves students having the opportunity to work as a team, as well as reflect on feelings of determination and enjoyment. Pupils can try out the roles of a coach or leader to develop their social skills in co-operation, communication, negotiation and team work. Pupils also develop and use these skills through peer assessment.

Cultural Education

Cultural education in PE means pupils may have the opportunity to learn dances from different traditions and cultures, including their own as well as understanding that as they get older, there will be more differences between male and female roles within sport. Through events such as The Olympics and Rugby and Football World Cups, pupils may learn about the origins of a certain sport and also the countries around the world that excel at each sport.

Promoting Fundamental British Values through PE

Democracy

In PE lessons, all children are given equal opportunities and treated fairly regardless of race, gender or ability. Fairness is of great importance when choosing children to participate in after school clubs, festivals and competitions outside of the PE curriculum.

Individual Liberty

There are many opportunities within PE lessons and other sporting activities for children to make choices and exercise their personal freedom. Boundaries are set clearly and reinforced consistently to ensure activities are carried out in a safe environment. Children have opportunities to make choices in their learning, when choosing which level of challenge to attempt and also selecting their own equipment with which to complete tasks. Children are encouraged to take risks and challenge themselves in a safe, controlled environment.

Rule of Law

In PE the promotion of the concept of "fair play", following and developing rules, celebrating and rewarding success, accepting defeat and participating in activities that promote cooperation with others and inclusion for all form an integral part of the PE curriculum.

Mutual Respect and Tolerance of Different Faiths and Beliefs

Through PE lessons and participation in festivals and competitions, children are taught to respect each other, and adults, and to base their behaviour on the 'Parklands Person' principles. They learn that everyone is different but everyone is equally important. We help children to develop their awareness of people's differences and similarities, and to value the rich diversity of the human race. Through PE and Sport activities, children are supported to develop the language to express their views, emotions and feelings so that they are able to negotiate with their peers and resolve any disagreements peacefully.